

302-996-5480

Toll Free: 866-847-4357

*Delaware's first private psychiatric facility evolving to meet the complex behavioral healthcare needs of the community.*



## Services at-a-glance

### Partial Hospitalization/Day Hospital Program

Anyone who needs support in transitioning from inpatient psychiatric care or requires more intensive services than those offered in traditional outpatient therapy will benefit from Rockford Center's Partial Hospital Program. Our day program is available to adults, adolescents, and children.

**The Partial Hospital Programs** are tailored differently to ensure that activities and therapies reflect the specific stage of life needs of each individual. The **Adult Partial Hospital Program** is offered weekdays from 9:00am to 3:00pm, providing intensive therapeutic assistance for individuals who need support as they strive to achieve a satisfying and productive life at home, in the work place, and in the community.

**The Children's Program** (ages 5 to 12) and the **Adolescent Partial Program** (ages 13 to 17) are designed for youth who require a high degree of support but do not need inpatient care. The program is designed to meet the special developmental needs of adolescents and children, is offered from 8:30 a.m. to 2:30 p.m.. The programs aim to stabilize symptoms and promote a return to school and outpatient therapy.

### Program Elements include:

- Comprehensive individual assessments, including psychiatric, psycho-social and nursing. These assessments assist the treatment team in making referrals to other valuable resources.
- Treatment teams include a Board Certified Psychiatrist, Registered Nurse, a Master's prepared counselor, and a Licensed Clinical Mental Health Professional. In addition, each program includes a staff member with drug and alcohol experience and/or a Certified Drug and Alcohol Counselor.
- Daily psycho-educational and group therapy as well as skills training.
- Allied therapies, including art and music therapy.
- Medication evaluation and monitoring.
- For adults, co-occurring programming available and coordination with employer.
- For children and adolescents, academic instruction is provided by on-site certified teachers (one hour each day). Instruction is coordinated with the home school.
- Participation is considered an excused absence from school.

Rockford Center is JCAHO accredited and certified by the Centers for Medicare and Medicaid Services. Most major insurance plans accepted.



Rockford Center is accredited by the Joint Commission.

# Services at-a-glance

## Partial Hospitalization/Day Hospital Program



*Transportation is available in New Castle County Delaware and Cecil County Maryland*

Rockford Center located at (A) Map courtesy of Google Maps

**DAY PARTIAL HOSPITALIZATION OFFERED WEEKDAYS - 9:00 A.M. TO 3:00 P.M.**

**CO-OCCURRING PARTIAL PROGRAMS OFFERED WEEKDAYS**

**Call 302-996-5480 or 866-847-4357 to schedule an assessment or to make a referral.**

*Walk-ins are welcome.*