

ROCKFORD CENTER

Services at-a-glance



302-996-5480

Toll Free: 866-847-4357

Delaware's first private psychiatric facility evolving to meet the complex behavioral healthcare needs of the community.

Services at-a-glance

ASSESSMENT AND REFERRAL CENTER (All ages) {24 hours - 7 days a week}	CHILDREN (4-12) AND ADOLESCENT (13-17) Inpatient & Day Treatment Programs	ADULT (18-65) Inpatient & Day Treatment Programs	OLDER ADULT (65+) Inpatient Program
Free Confidential Assessment and Referral Services	Comprehensive Individual Assessments	Comprehensive Individual Assessments	Comprehensive Individual Assessments
Safety Assessment	Psychiatric Evaluation and Medication Stabilization	Psychiatric Evaluation and Medication Stabilization	Psychiatric Evaluation and Medication Stabilization
Current Mental Status Examination	Daily group therapy and skills training	Dual Diagnosis Programming Supports the 12-Step Approach	Extensive Family Support and Education & Involvement
Level of Care Determination	Allied Therapies, including Art and Music Therapy	Daily Psycho-educational and Group Therapy, as well as Skills Training	Allied Therapies, including Art and Music Therapy
Plan of Action, including Referrals for Ongoing Support	Family Sessions	Family Sessions	Daily Structured Programming
All assessments performed by master's prepared clinicians or psychiatric nurse	Academic Instruction, provided by on-site certified teachers	Allied Therapies, including Art and Music Therapy	Semi-private Rooms
Clinicians available all hours by phone to review program criteria	Communication and Follow-up with School Personnel and Outpatient Therapists	Follow-up with outpatient providers	Short-term Stabilization for those not needing skilled nursing care
No Appointment Necessary	Personalized Discharge and Aftercare Plans	Personalized Discharge and Aftercare Plans	
Walk-ins Are Welcome.	Semi-private rooms with access to enclosed outdoor courtyard	Semi-private rooms with access to enclosed outdoor courtyard	
	Day Treatment Program Weekdays {8:30 a.m. to 2:30 p.m.}	Day Treatment Program Weekdays {9:00 a.m. to 3:00 p.m.}	

Call 302-996-5480 or toll free 866-847-4357 to schedule an assessment or to make a referral.

Rockford Center is JCAHO accredited and certified by the Centers for Medicare and Medicaid Services. Most major insurance plans accepted.



Rockford Center is accredited by the Joint Commission.

What to expect at Rockford Center . . .

Upon arrival at Rockford Center

- Client or parent/guardian complete registration form with emergency and outpatient provider contact information and insurance information.
- Level of Care assessment performed by master's level counselor to determine recommendation of care (takes minimum of 1 hour).
 - For inpatient recommendations: Admission paperwork and orders completed (takes minimum of 30 minutes). After admission to unit, a nursing assessment is completed with a focus on medical history (takes minimum of 30 minutes). Non-invasive client search and belongings search completed by staff to ensure safety.
 - For partial day recommendations: Client sent home and staff to contact insurance company for authorization next business day. Client will begin program 1-2 days after initial assessment.
 - * Transportation may be available *
 - For all other recommendations: Client given plan of care form that lists 3 appropriate service providers in their home area to contact.

Within the first 24 - 48 hours of admission to either inpatient or partial day programming

- Referral source and outpatient providers notified of admissions (only with signed release of information)
- Initial Psychiatric Assessment
- Physical assessment completed by internist (physical exam)
- Routine labs drawn (as indicated)
- Urine Drug Screen performed (as indicated)
- Chemical Dependency assessment (as indicated)
- Psychosocial assessment completed by social worker
- Family contacted and family session scheduled
- Nursing assessment completed
- Dietician referral (as indicated)
- Creative Arts assessment
- Initial treatment plan developed
- Orientation to unit rules
- Orientation to daily structured group programming
- Psychological testing (as indicated)



Rockford Center located at (A) Map courtesy of Google Maps

